



SOCCER

Two football fields: One stadium field with a spectator's capacity of 1.800 people and one training field. Two more football training fields are also available at the Gloria Football Center, 5 minutes away from Gloria Sports Arena with free shuttle service. Football fields are built according to FIFA standards.

Training Areas

- 105 x 65 m stadium field with a spectator's capacity of 1.800 people
- 100 x 65 m training field
- 2000 m² main gym with Technogym Cardio & Strength Training Devices
- Indoor cycling studio with 24 bikes
- Weightlifting studio with ESP full racks and free standing platforms
- Combat sports studio with functional training equipment (TRX, Bosuball and Pilates Balls)
- Studios for Mat and Group training
- 1,7 km outdoor natural running trail
- 1,5 & 2,5 degrees incline running track
- Stair climbing areas with various heights

Soccer Specific Equipment

- Training goals
- Mini goals
- Match balls
- Free kick sets

- Training equipment (cones, slalom sets, hurdles, agility ladders, sprint sleds etc.)
- Vertimax vertical jump and speed training device

Soccer Specific Tests and Training Opportunities

- Body Composition with gold standard BODPOD
- Isokinetic strength tests and training with ISOMED 2000
- Aerobic capacity (Lactate & VO₂max tests) – HP Cosmos treadmills and QUARK CPET
- Anaerobic power test with MONARK ergometer
- Jump tests with OPTOJUMP system
- Motion analyses with 2D & 3D video analyses systems
- 3D ground reaction force analysis with 2 KISTLER force plates
- Agility tests and trainings with SPEEDCOURT

quick info

Gloria Sports Arena is a modern sports complex with indoor, outdoor and aquatic sports facilities. It is built on 105 000 m² (10.5 hectare area) in Belek-Antalya-Turkey, where over 50 different sports disciplines and camps will be hosted. Facilities are equipped and built by using the most modern technological developments in sports.

Gloria Sports Arena is situated in Belek-Antalya-Turkey and is 30 minutes away from Antalya International Airport. Gloria Sports Arena is connected with Gloria Hotels & Resorts (Gloria Golf Resort, Gloria Verde Resort, Gloria Serenity Resort) in 5 km distance. (Free shuttle available)

Gloria Sports Arena offers professional service for individual athletes, teams and groups:

National Teams, Clubs, Sport Groups, Amateur Athletes, Professional Athletes, All Season Training Camps, Summer School Camps, Tournaments, Events, Congresses, Conventions and Conferences



- 3D Posture and Spine analyses
- Footscan test for foot pathologies
- Gait Analysis with high speed cameras
- HYDROWORX for post injury training and conditioning
- Anthropometric tests
- Soccer specific test protocols for all age groups

Recovery Opportunities

- Whole body cryotherapy -110°C Icelab (3-chamber)– Zimmer MedizineSysteme
- Hydroworx – Underwater Treadmill
- Steam Bath & Sauna, Cave Sauna
- Pre-Post Activity Massage

Medical Utilities

- Color Doppler Ultrasound for diagnosis of musculoskeletal system pathologies
- 3 therapy rooms fully equipped with Zimmer MedizineSysteme's newest line of all physcial therapy products including high energy laser
- Isomed 2000 isokinetic system

- and Technobody Prokin for strength, proprioception and balance exercises
- Medically approved Technogym Selection Med series equipment.
- Additional 3 manual physical therapy tables
- Platelet Rich Plasma and other specific injections



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